# WEEKLY CLASS SCHEDULE

\*\* SUBJECT TO CHANGE, EMAIL TO CONFIRM

#### MONDAY

**SNOWPLOW SAM 1 & 2** 

5:10-5:40pm

**BASIC SKILLS 1 & 2** 

5:00-5:40pm

TEEN/ADULT

5:10-5:40pm

**ASPIRE WITH COACH RITSA** 

5:10-6:25pm

### TUESDAY

**ASPIRE SPINS** 

4:40-5:10pm

**ASPIRE TURNS & EDGES** 

5:10-5:40pm

**ASPIRE JUMP & SPIN (HIGH)** 

5:10-5:40pm

**BALLET FOR SKATERS** 

5:45-6:30pm

### WEDNESDAY

**ICE EXPLORERS** 

5:10-5:40pm

**PARENT & TOT** 

5:10-5:40pm

**SNOWPLOW SAM 1-4** 

5:10-5:40pm

**BASIC SKILLS 1-6** 

5:00-5:40pm

TEEN/ADULT

5:10-5:40pm

**ASPIRE EXPRESS** 

4:40-6:20pm

**BALLET FOR SKATERS** 

5:50-6:20pm

### THURSDAY

**ICE EXPLORERS** 

5:10-5:40pm

**SNOWPLOW SAM 1-4** 

5:10-5:40pm

**BASIC SKILLS 1-6** 

5:00-5:40pm

**FREESKATE 1-6** 

5:00-5:40pm

FUNCTIONAL ATHLETE STRENGTH TRAINING

5:45-6:30pm

## FRIDAY

\*\*EDGE MASTERCLASS

4:40-5:40pm

#### FREESKATE PRACTICE TIMES

MONDAY: 4:40-5:00pm WEDNESDAY 4:40-5:00pm THURSDAY 4:40-5:00pm **SATURDAY:** 

9:40-10:00am 10:40-11:00am

#### SATURDAY

ICE EXPLORERS

9:00am, 10:00am, 11:00am

**PARENT & TOT** 

10:00-10:30am

**SNOWPLOW SAM 1-4** 

9:00am, 10:00am, 11:00am

**BASIC SKILLS 1-6** 

9:00am, 10:00am, 11:00am

**TEEN/ADULT** 

11:00-11:30am

**ASPIRE ALL STARS** 

8:05-10:30am

**ASPIRE TEEN** 

10:00-11:00AM

**EDGE MASTERCLASS** 

9:00-10:00am

**ADAPTIVE** 

9:00-9:40am